



## What is measles?

- Measles is a highly contagious virus that can lead to serious complications. Symptoms include fever, dry cough, runny nose, red eyes, and a skin rash.
- Measles can cause lung infection (pneumonia), brain damage, deafness, and death.
- Measles is widespread around the world in places like Europe, Africa, Asia, India, and the Philippines.



## How do I prevent measles?

- Measles cases in the U.S. originate from international travel. Make sure you are vaccinated against measles before traveling abroad.
- The measles-mumps-rubella vaccine (MMR) is safe and provides 97% protection against measles after two doses; one dose provides 93% protection.



## Watch for measles after international travel

- Watch your health for 3 weeks after you return from international travel.
- Contact your healthcare provider if you become sick during or soon after returning from travel.